



NEW MEMBER AND RENEWAL FORM

Welcome to the Foothill Flyers!! We look forward to running with you and hope you join us for special events. Check out our web site: www.foothillflyers.org

Membership fee is \$20.00 (present to March 31, 2013) for the first member (primary) living at one household address and \$10 for each additional adult household member. Membership entitles you to participate as a full voting member in all club activities, discounts at Run With Us, and receive the monthly newsletter. Fun runs are every Wednesday evening at 6:00 p.m. Runs start from the parking lot at REI, located on the corner of Santa Anita and Santa Clara avenues in Arcadia (you can use the REI changing room if you come directly from work).

Please complete the form below and sign the waiver - required of each member.
Mail the form, along with your check made out to the *Foothill Flyers Running Club* to:

Leslie Hallimore, 8719 Duarte Rd., San Gabriel, CA 91775

Please print

Membership person (check one): Primary Household _____ or Additional Household _____

New member _____ or Renewal? _____

Receive newsletter via: postal mail _____ or Email? _____

Name: _____
(last) (first)

Address: _____

City: _____ Zip Code: _____

Email: _____

Home Phone: _____ Work Phone: _____

WAIVER: Having understood that any athletic endeavor might cause injuries, and knowing that I should have a physical examination by a physician to release me for extensive exercise, I join the Foothill Flyers Running Club and hereby waive and release any right and claims or damages I may accrue against the city of Arcadia, REI, the Foothill Flyers Running Club; any and all persons helping to conduct this club and any and all injuries that may be suffered by me at the Foothill Flyers Running Club, during or en route to or from these events. I am a responsible adult over the age of 18.

Signature _____ Date _____