



MEMBER AND RENEWAL FORM

Welcome to the Foothill Flyers Running Club!!

We look forward to running with you and hope that you will join us for special events

Check out our web site: www.foothillflyers.org

Annual Membership dues are \$25 from the date signed and payment is made to March 31st of next year per adult member. For those joining between October 1st and December 31st, the dues are \$10.

- Membership entitles you to participate in all club sponsored events, including receiving the monthly newsletter and pizza nights
- Full voting member in all club activities
- Discounts at *Run With Us* (Pasadena) and *A Snail's Pace* (Monrovia)

Fun runs are every Wednesday evening and begin at 6:00 p.m. Most runs start from the northerly parking lot area at the Arcadia *REI store*, located on the corner of Santa Anita and Santa Clara Avenues (check the Foothill Flyers' website for details). If you come directly from work, you can use the *REI store* restroom as a changing room.

Please complete and sign the form below, which includes a waiver required of each member. Give the form, along with your check made payable to the *Foothill Flyers Running Club* to Maria Case, club treasurer, or mail to:

Leslie Hallimore, 8719 Duarte Rd., San Gabriel, CA 91775

New member _____ or Renewal? _____

Receive newsletter via Email _____ or US Mail? _____

PLEASE PRINT CLEARLY

Name: _____
(Last) (First)

Address: _____

City: _____ Zip Code: _____

Email: _____

Home Phone No.: _____ Cell Phone No.: _____

Birthdate Month: _____

WAIVER: *Having understood that any athletic endeavor might cause injuries, and knowing that I should have a physical examination by a physician to release me for extensive exercise, I join the Foothill Flyers Running Club. Furthermore, I hereby waive and release any rights and/or claims for damages that I may accrue against the City of Arcadia, REI, the Foothill Flyers Running Club; any and all persons helping to conduct this club, and any and all injuries that may be suffered by me at the Foothill Flyers Running Club, during or in route to or from these events. I am a responsible adult over the age of 18 years old.*

Signature _____ Date _____