

2018 Fat Ass Run on October 28 at 7am

The 2018 Sierra Madre Fat Ass run is almost here. For those who don't know a Fat Ass Run is a run you can check it out at: <https://trailrunnermag.com/races/trail-race-news/the-lost-art-of-the-fat-ass.html> and at <http://thetaoofrunning.com/writing/beginners-corner-running-wise-columns/what-is-a-fat-ass-race/>.

(no numbers, no timing, not a race – a run for fun)

Start /finish is at Sierra Madre and Baldwin.

Everyone keeps their own time.

The course is marked with chalk

Course goes up Baldwin

Left on Carter

Through Bailey Canyon using the big gate

Up Bailey Canyon Trail all the way to Jones Peak

RUNNERS MUST GO TO THE TOP OF JONES

PEAK AND TOUCH THE BENCH

Down Jones Peak to the saddle and then up to the connector trail

Down the connector trail to Mt. Wilson Trail

Down Mt. Wilson Trail to the street and turn Right

Turn Left at Baldwin and back down to the start.

Runners have to run to the top of Jones Peak and touch the bench before coming down and going to the connector trail!

There is a prize for the first male and female finisher:

A pitcher of beer from Lucky Baldwin's and a bag of swag!

After the run we all have breakfast at Lucky Baldwin's

Race Day Timeline

4am Bob Leaves to mark the course

(bob will unlock gate, but leave it closed)

7:30 Open the gate at Bailey Canyon

7:35 Set up in K Court

Read course and rules to runners

8:00 Race Start

9:00?? Race finish

Breakfast at Lucky Baldwin's

Award Prizes!